



06 May 2025— (Sixth Day at Beaver) Tuesday Evening Email to Leadership and Advocacy for Structure

On Tuesday evening around 9:40 PM, I sent an email to Adele (supply Chain Manager) from my personal account.

I explained that while I was excited to join Beaver as a storeperson, I was struggling with the lack of productivity and structure in my role.

I disclosed my ADHD diagnosis and clarified that I am medicated and see a professional regularly.

I expressed that being left to “find things to do” was not helping me get through the day, and that despite asking, I wasn’t sure if Beaver was willing to show me more tasks.

I offered suggestions — such as cycle count stocktakes or warehouse tasks others may have put off — and asked if I could have a chat with Adele when she had a spare minute.

The email was a clear act of advocacy and emotional honesty. It showed my willingness to contribute meaningfully and my need for structured, purposeful work.

It also marked a turning point: I was no longer just trying to adapt quietly, but actively reaching out to address the mismatch between my capabilities and the role’s setup.

The timing — late at night, after a day of confusion — reflected how deeply the issue was affecting me.

Subject: Warehouse Duties
From: johannaleah@jozaqt.com
Date: 06/05/2025, 9:40 pm
To: adele.bryant@beaverprocess.com.au

Dear Adele,

As you know I was excited to join the Beaver team as a new store person. This is a new start for me in an accepting environment.

I have had ADHD my entire life but was only diagnosed as an adult in my twenties after I sought help myself. I see a professional once every six months and am medicated so I can go about my daily tasks just as anyone else would. I am struggling right now with my role being nowhere near as productive as my last job. I need to keep busy. I want to be a great store person at Beaver.

I understand that being new, Beaver is not wanting to overload me with tasks. But the opposite is true for me. Despite me asking I am unsure if Beaver is willing to show me more tasks ?

For instance can I do some cycle count stocktakes ? Are there tasks in the warehouse that have been put off because no one wanted to do them (moving racking or relocating stock to new areas) ?

I am more than capable but being left to "find things to do" is not helping me get through the day.

Can we please have a chat about this when you have a spare minute as I need to talk this over with you.

Kind regards,

Jo.

